



WUSHU TOURNAMENT  
**UKR-WEST**  
**2020**

**International Wushu Tournament**  
**UKR-WEST 2020**

**19-22 January**  
**Truskavets (Ukraine)**

## REGULATIONS

### 1. Date and place

International Wushu Tournament «UKR-WEST 2020» will be held from 19-22 January 2020 in Truskavets (Ukraine).

Teams must arrive the 19 January 2020.

### 2. Competition venue

Truskavets, children's and youths sports club «SPORTOVETS»  
(address: b.11, Danylyshnykh str., Tryskavets).

### 3. Participants

- Any team or individual athletes are allowed to participate.
- No limits for team size.

### 4. Participation fee

**20 Euro** – for modern taolu

**20 Euro** – for traditional taolu

**20 Euro** – for sanda

### 5. Judges

Each team may send a qualified judge.

### 6. Events

#### 6.1. Age categories

##### Taolu

«Children» full age 9-11

«Cadets» full age 12-14

«Juniors» full age 15-17

«Adults» full age 18-35

«Senior» full age 36-60 (only for traditional events).

**The age calculation is based on the 1 January 2020.**

#### 6.2. Modern taolu

##### Category «Children» (age 9-11)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (Elementary Taolu 32 form), Taijiquan (24 forms), Taijijian (32 forms).

##### Category «Cadets» (age 12-14)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (1<sup>st</sup> Set of International Competition Taolu), Taijiquan (42 forms), Taijijian.

### Category «Juniors» (age 15-17)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (3rd Set of International Competition Taolu), Taijiquan, Taijijian.

Optional routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian.

Dual events: 1) barehand, 2) with weapons.

### Category «Adults» (age 18-35)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (3rd Set of International Competition Taolu), Taijiquan, Taijijian.

Optional routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian.

Dual events: 1) barehand, 2) with weapons.

Each participant (age 9-11, 12-14) can take part only in three types of program: one barehand, one short weapon, one long weapon, each participant (age 15-17, 18+ ) can take part only in three types of program: one barehand, one short weapon, one long weapon and one dual events.

Optional individual routines in adult competition will utilize the Non-Degree of Difficulty scoring method (comprising of A Group – Quality of Movements Scoring & B Group – overall performance scoring only).

**\*Competition will be held under IWUF Rules 2005**

## **6.3 Traditional taolu**

### Traditional barehanded forms:

#### Group 1: Traditional Taijiquan

Traditional Taijiquan including Chen, Yan, Sun, Wu, Wu(Hao), Li, Wudang, Zhaobao and other Taijiquan styles divided in Taijiquan competition.

Group 2: Traditional Bagua, Xingyi, Bajiquan. Traditional Bagua, Xingyi, Bajiquan styles divided into quanshu competition.

Group 3: Traditional Nanquan Traditional Guandong, Fujian, Sichuan, etc. Nanquan schools (Hong, Li, Mo, Cailifo) divided into quanshu competition.

Group 4: Traditional Shaolinquan, Traditional Songshan shaolin quan divided into quanshu, qixie (weapons) competition.

Group 5: Imitation styles

All imitation routines including Houquan, Yinzhuquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan, etc. divided into quanshu competition.

Group 6: Traditional Tongbei, Fanzi, Chuojiao, Pigua styles. Traditional Tongbei, Fanzi, Chuojiao, Pigua styles divided into quanshu competition.

Group 7: Traditional Wudang styles. Songxi Neijiaquan, Baxianquan, Xuanwuquan, Wudang Baguaquan, Wudang Xingyiquan, Taiwuxingquan, etc.

Group 8: Other traditional styles.

All other traditional quanshu and weapons routines: Chaquan, Huaquan, Baoquan, Baimei (Pakmei), Liuhequan, Gongliquan, Yuejiaquan, etc.

Traditional Weapons:

Group 1: Short weapons

Group 2: Long weapons

Group 3: Double weapons

Group 4: Soft weapons

Group 5: Taiji weapons (Taijiqixie)

Each participant in a traditional Wushu can compete in only three sections: 2 types barehanded 1 type with weapons, or 2 types with weapons and 1 type barehanded.

In case less than 3 athletes are registered in a category it will be merged together with the nearest possible category according to age and gender.

**Competition will be held under EWUF (IWUF) Rules**

**6.4 Sanda (Contact Fighting)**

Age categories

«Cadets»: age 12-13

«Juniors B»: age 14-15

«Juniors A»: age 16-17

«Adults»: full age 18-40

**The age calculation is based on the 1 January 2020.**

Weight categories:

«Cadets»: 12-13

Male categories: 40 kg, 44 kg, 48 kg, 52 kg, 56 kg.

Female categories: until 36 kg, 40 kg, 44 kg, 48 kg, 52 kg.

«Juniors B» 14-15:

Male categories: 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 70+ kg.

Female categories: 44 kg, 48 kg, 52 kg, 56 kg, 56+ kg.

«Juniors A»: 16-17

Male categories: 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 80+ kg.

Female categories: 52 kg, 56 kg, 60 kg, 60+ kg.

«Adults»: 18-40

Male categories: 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 90+kg.

Female categories: 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg.

**\*Competition will be held under IWUF SANDA Rules 2017**

The competitions will be Individual competitions.

- The single knockout system will be adopted. If the number of competitors is three (3) or two (2), a single round-robin method will be adopted.

- Following arrival and registration, the athletes will go through the initial weighing in and drawing lots formalities as stipulated in the schedule.

- The age calculation for sanda athletes is based on their age (in their passport) on the day of draw lots for the event 19th January 2020).

- Each team may enter three (3) competitor for one (1) weight category and each sanda competitor may enter only one (1) weight category. Only one competitor from each weight category will be allowed in Command competitions.

- For the adult and junior competitions the time of each round shall be 2 minutes.

- Each competitor is required to possess their own mouth guard, headgear, groin cups, hand wraps, gloves. Competitors are required to provide their own clothing and chest protector and this should include one (1) set in red and one (1) set in blue.

**Sanda fights will be held in the ring, the size of the ring is 6 × 6.**

## 6.5 Weighing-in

The initial weighing-in for Sanda athletes will take place at 18:00 on January 19<sup>th</sup>, 2020.

## 7. Entries

Preliminary entries should be sent before December, 15<sup>th</sup> 2019 to [Osotrykhina@gmail.com](mailto:Osotrykhina@gmail.com)

**The Final Entry Forms must be sent no later than 5 January 2020.**

The original Final Entry Form must be brought to the registration;

All names and surnames must be typed in English

## 8. Accommodation

**40 Euro per person per night (double room)**

**60 Euro per person per night (single room)**

(Transfer, lodging + 3 meals/day)

Hotels:

«Goldencrown» <https://www.goldencrown.com.ua>,

«Alkor» <https://alkorhotel.com.ua>.

Contact person: (Oksana Sotrykhina)

tel: +380509686470

e-mail: [osotrykhina@gmail.com](mailto:osotrykhina@gmail.com)

## 9. Awarding

There shall be separate awarding for all events. All the certificates will have a mention as follows: «UKR-WEST 2020» International Wushu Tournament. In case there are more than 3 competitors, 3 medals are given. In case there are 3 competitors 1st and 2nd places are awarded. In case there are 2 competitors, only 1st place is awarded. In Sanda competition the top three place athletes within each weight category will receive a placing and award for both men and women. Third place athletes will be placed in juxtaposition.

## 10. Documents

All the competitors are required to hand in:

- Citizen passport (original);
  - Health certificates (including ECG). The Health Certificate is only valid if it has been issued within a period 30 days prior to the competition; For Sanda athletes - health certificate showing electroencephalogram (EEG), electrocardiogram (ECG), blood pressure and heart rate in a medical check-up taken within 20 days before the day of registration.
- Valid insurance Certificate.
- Waiver of Liabilities.

All names and surnames must be typed in English.

## 11. Other mater

Each team is required to bring the following:

1. The original Final Entry Form
2. Health certificates and Life Accidental Injury Insurance Certificates for all athletes
3. Waiver of liabilities for all athletes
4. A USB flash drive with national Anthem
5. A national flag

**These regulations are considered to be the official invitation to the tournament.**